



Newsletter

August 2012

New NWTKD classes for Term 4

We've been talking about these classes for a long time now and, finally, we can announce that our new Junior Haidong Gumdo class and our dedicated Black Belt class will both kick off at the beginning of term 4.

NB: Times for Monday Wolf Pack & Family class will change to allow for the junior HDG class. Wolf Pack will begin at 6.30 pm, Family class at 7.30 from Monday, October 15.

Junior Haidong Gumdo Class

Students must be turning at least 9 this year to be able to participate.

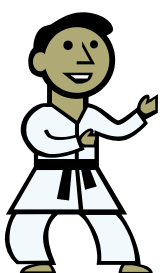
Who: Students from 9 to 13 years of age
Where: Blackwell Public School, St Clair
When: Mondays 5:45-6:30 from October 15

Initially students can wear their normal taekwondo uniform or comfortable, stretch clothing. We will provide appropriate swords and equipment.

Taekwondo Black Belt Class

After analysing all the terrific feedback from our survey, the dedicated black belt class for our senior students will go ahead from week 1 of term 4. Thank you all for your enthusiasm and comments. Here are the class details:

Who: Current black belt students
Where: Glenmore Park Public School
When: Thursdays 8 to 9 pm from October 18



See page 2 for:

- Important Dates for Term 3
- NSW All Schools Championships
- Challenge Camp
- Term 3 Sparring workshop photos

Hard Work pays off for Wolves HDG Team

Nepean Wolves' Haidong Gumdo Instructor Luke led the Wolves contingent to South Korea last month to participate in the World Haidong Gumdo Championships. These are held every second year and attract a huge number of participants from around the world. HDG is particularly strong throughout Europe and USA, and members of the Australian team had to battle hard to win their way through to the finals. The Australian team came home with many medals from the preliminary competition and a very healthy haul from the finals.



Instructor Luke brought back two very impressive bronze trophies from the Gumbup (Patterns) competition and the bamboo cutting competition.

Left: Luke in action

Megan also had her first taste of international competition and is keen for more. They had a terrific, exhausting and ultimately very successful trip and you can read all about it on the Nepean Wolves website. Megan has posted a fantastic travel diary from their trip that includes some awesome photos and video footage. Take a look at www.nwtkd.com.au and go to the News page.

Luke and Megan, along with an enthusiastic group of NWTKD and Mountain Wolves HDG students, are now busy preparing for the Australian National Championships in October. Luke will be presenting for his 4th Dan, Frank Tanti for his 2nd Dan, and Megan Williamson, Glenn Reynolds, Peter Mead and Sue Adlam will be presenting for their 1st Dans. Jeff Bromley, Madeleine and Brian McCabe and Lindsay Petit will also be participating at the Championships.

Nepean Wolves Contacts

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Important Dates for Term 3



Term 3 2012 Ends: Friday, September 21

Term 4 2012 Begins: Monday, October 15

Grading dates for Term 3

Haidong Gumdo: Saturday, September 15

Taekwondo: Sunday, September 16

Both sessions will be held at Winmalee High School.

Wolves Challenge Camp: Sunday, August 26

Juniors (7-10 years) 8.45am to 1pm

Seniors (11 years +) 11.45am to 5pm

Venue: Winmalee High School

Cost: \$35 per person

NWTKD Patterns Seminar

Saturday, September 8, from 10 am to midday at Glenmore Park Public School, The Lakes Drive.

NSW Schools Championships: Sunday, September 9

NSW All Schools Championships

Senior Instructor Dave and his dedicated band of Instructors and Team Leaders will be heading to North Sydney early next month with a team of 16 eager young Nepean Wolves who will be competing in the NSW All Schools Championships.

The team consists of: Zachary Butler, Luke Zammit, Bostyn Graham, Connor Moreau, Jasmyn Power, Jordan Daley, Hayley Andison, Grady Tapping, Ryan Freeman, Isaiah Marsh, Jasper Souter, Brendon Wheatley, Michael Merjane, Jacob Werner and Aida Harb.

Watch our website, Facebook page and the next newsletter for results.

Wolves Challenge Camp for term 3

If you're more than 8 years old and have a blue belt or above, you should be thinking about attending the Wolves Challenge Camp on Sunday, August 26. See the Important Dates section at the top of this column. See your instructor forms & details.

Dave's Tip of the Month:

Be the belt: Earn the respect your belt deserves.

Term 3 Sparring Workshop

We had a great turn-out for our junior sparring workshop this term, particularly from our wonderful instructors and team leaders. Many, many thanks to everyone who gave up their Saturday morning to work with our young warriors. Here a few pictures from the day.



Left: Amie the coaching schnauzer has upgraded her qualifications and sports her new, very stylish black belt uniform (thanks Luke & Megan)

Right: Luke & Alex kick into action under the watchful eye of Team Leader Eric.



Left: Ethan & Kohen put on a great display after a little instruction from Team Leaders Matthew and Teresa.

Right: Caleb & Bostyn provided plenty of exciting entertainment every time they sparred.

Below: Isaiah and Kane showed tremendous spirit and strength in their contests, watched here by Team Leaders Megan & Matthew.

