

TAEKWONDO & HAIDONG GUMDO Nepean Wolves



Newsletter April 2012

We've had a very busy start to 2012 including a couple of great opportunities for our taekwondo and haidong gumdo students to improve their skills, polish their patterns and mingle with the broader Wolves community. Helping with the haidong gumdo patterns was Frank Tanti, our very first club HDG black belt.



Left: Frank Tanti, sporting his 1st Dan kit, celebrates the moment with Dave and Luke.

Team Leader Lloyd Moran joined a group of Wolves Taekwondo students to compete in the recent Taekwondo NSW Autumn Open Championships, coming away with a silver medal. He also took the opportunity to coach and referee at the championships, in the process earning himself a prestigious refereeing award. Congratulations Lloyd on another fine effort.



Left: Lloyd with his silver medal and refereeing award.

Term 2 Fees - Early Bird rates

Nepean Wolves will be offering our early bird discounts on term fees again in term 2. You can make significant savings by paying your term fees before the end of week 3 on May 11. You will receive your invoice for term fees in week 1. Please see Sue or Dave if you have any queries.

Nepean Wolves in Training

Our first challenge camp for the year saw many of our taekwondo students take the opportunity to train with Master Andrew Johnston and a number of the senior Wolves instructors and team leaders. It certainly was a challenge but great fun.

We held our first Poom se workshop on March 24, giving all our students a chance to take part in an intensive training session on their patterns. We had a great turnout and are looking forward to seeing the results at the grading on April 1. There'll be no "April Fools" amongst the Nepean Wolves!

Look out for our first ever junior sparring workshop in term 2.

Good luck to all our Taekwondo and Haidong Gumdo students who will be grading in Term 1. In particular, we wish our two 1st Dan candidates, Jonathan and Eric, all the best.



See page 2 for:

- Important Dates for Terms 1 & 2
- Winter merchandise
- Birthday celebrations

Nepean Wolves Contacts

Website: www.nwtkd.com.au

Email: nwtkd@exemail.com.au

Mobile Phone: 0408 609 464

Important Dates for Terms 1 & 2



Term 1 2012 Ends: Thursday, April 5

Term 2 2012 Begins: Monday, April 23

ANZAC Day - Wednesday, April 25 - No classes

Grading dates for Term 1

Haidong Gumdo: Saturday, March 31

Taekwondo: Sunday, April 1

Both sessions will be held at Winmalee High School.

Grading dates for Term 2

Taekwondo: Sunday, June 24

Haidong Gumdo: Saturday, June 23

Team Leaders' Meeting: Sunday, May 20



Wolf Pack birthdays for 2012

After a couple of false starts, we reckon we've got the new version of the Nepean Wolves birthday celebration right! Last year our birthday wolves extinguished a candle using a wooden haidong gumdo sword. For 2012, our wolves get to "extinguish" their birthday candle using a haidong gumdo paper cutting sword. Isaiah, below, did a great job of christening the new system, cutting his candle with his first try. Birthday photos can be viewed on our website.



Dave's Tip of the Month:

Your future is
made by your
present.

Wolves Merchandise

The weather is cooling rapidly and we have some great clothing items available to help you beat the chill.

We also have 3 "Run with the Pack" black t-shirts left from our last run. These are all size 8s.



Polar fleece vest - super warm and just the thing to pop over your uniform. Embroidered front only or front and back.

Sizes: 6 to 14, S to XXXL.

Price: From \$45



Black Hoodie with embroidered NWTKD logo.

This is a new addition to our range.

Sizes: 6 to 14, S to XXXL.

Price: \$60

Matching beanie: \$23



Light but warm zip front jacket. Have it embroidered front and back or front only.

Sizes: 6 to 14, S to XXXL.

Price: from \$65



Wolves "Run with the Pack" t-shirt. Just three of these left - all size 8. These are great training shirts.

Size: 8 only

Price: \$.30